



# BIBLICAL COUNSELING

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TEACHERS: Dr. Dave Hooper and Jeff Henderson  
WEBSITE: [www.MinistryTrainingAcademy.com](http://www.MinistryTrainingAcademy.com)

CLASS DATES: May 17-18, 2019  
CLASS SCHEDULE: Friday 8:30 AM – 5:30 PM  
Saturday 8:30 AM – 5:30 PM  
CLASS LOCATION: Austin Christian Church 15501 N. F.M. 620 Austin, TX 78717

## COURSE DESCRIPTION:

This course is designed to provide students with a fundamental understanding of biblical counseling in the context of healthy, discipling relationships. This course illuminates the power of the Bible to help people grow, mature, and change. It focuses on how we may help people, by applying Scriptural principles to overcome obstacles and barriers to their ongoing maturity in Christ.

### Friday, May 17:

- 1) Counseling Theology & Introduction - Dave
- 2) Counseling Fundamentals / Attending Skills - Jeff
- 3) Crisis Intervention: Suicide, abuse, addiction, etc. - Jeff
- 4) Dealing with Grief and Loss, trauma – Guest Speaker, Susie Dindinger
- 5) Conflict Resolution - Jeff

### Saturday, May 18:

- 6) Understanding Life Transitions - Dave
- 7) Cultural Understanding - Respectful Curiosity – Bridging the gap culturally - Dave
- 8) Differentiation, Compassion fatigue - Dave
- 9) Self-Care of the Minister - Jeff

## LEARNING OUTCOMES AND OBJECTIVES:

This course has the following objectives for students:

1. To gain an appreciation for the scope of counseling.
2. To understand the natural limits to pastoral counseling in a church setting.
3. To recognize mental illness and when healthcare professionals are needed.
4. To learn how to counsel others through the normal challenges of life.

## TEACHING METHODOLOGY:

Reading and a reflection paper will serve as the foundation for the work in class. Class discussion will help to further engage the material and focus on key themes. A final paper will test the student's knowledge of the major points and their ability to assess their own personal development based on the key areas learned.

## REQUIRED READINGS:

Kollar, Charles Allen, *Solution-Focused Pastoral Counseling: An Effective Short-Term Approach for Getting People Back on Track*.

Clinton, Tim and Ron Hawkins, *The Quick Reference Guide to Biblical Counseling: 40 Topics, Spiritual Insights & Easy-to-use Action Steps*

## **COURSE REQUIREMENTS:**

1. Reading Assignment  
Read *Solution-focused Pastoral Counseling*. Familiarize yourself with *The Quick Reference Guide to Biblical Counseling* but it is not necessary to read from cover to cover. Students will give a written statement in class stating whether they completed the reading.
2. Reflection Paper  
Choose one counseling situation from your personal ministry. Without providing real names, describe the situation, what you did, and how applying solution-focused pastoral counseling might have affected a different outcome.

***This paper must be submitted electronically to [www.ministrytrainingacademy.com](http://www.ministrytrainingacademy.com) by 23:00 on Thursday, May 16, 2019.***

3. Final Exam  
A final exam will be available from May 19<sup>th</sup> – June 8<sup>th</sup>. The exam must be completed within this time period. A link to the exam will be provided at the end of the course.
4. Formatting Requirements  
See [MTA Formatting Requirements](#) and [MTA Cover Sheet Template](#) on the website.

***\*FAILURE TO MEET DEADLINES WILL RESULT IN LOWER GRADES!***

## **COURSE EVALUATION:**

For purposes of evaluation, class participation and assignments will be weighted as follows:

Attendance/participation	15%
Reading	15%
Reflection Paper	20%
Final Exam	50%

## **COURSE POLICIES:**

- Any attempt to misrepresent a student's work, including plagiarism, is basis for dismissal from class and/or the Ministry Training Academy.
- Assignments will be accepted late. However, work that is turned in late will receive a lower grade. The grade may be dropped as much as 10% each day that the work is late.
- Each student should keep a copy of his/her work. The submitted work may not be returned.